## WHAT IS CLAIMED IS:

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- A piston for an internal combustion engine, comprising:
   a piston body having an airtight cavity vertically elongated therein; and
   a heat transfer material partially filling the airtight cavity.
- 2. The piston of claim 1, wherein the heat transferring material is a fluid.
- 3. The piston of claim 2, wherein the fluid satisfies a thermal conductivity criterion, the thermal conductivity criterion being that a thermal conductivity of the fluid is in a conductivity range of 0.1 to 200 W/m-K.
- 4. The piston of claim 2, wherein the fluid satisfies a density criterion, the density criterion being that the density of the fluid is in the range of 500 to 30,000 Kg/m<sup>3</sup>.
  - 5. The piston of claim 2, wherein the fluid satisfies a heat capacity criterion, the heat capacity condition being that a heat capacity of the fluid is in a heat capacity range of from 0.1 to 10 KJ/KgK.
- 15 6. The piston of claim 2, wherein the fluid satisfies a plurality of criteria among a thermal conductivity criterion, a density criterion, and a heat capacity criterion, wherein:

the thermal conductivity criterion is that thermal conductivity of the fluid is in the range of 0.1 to 200 W/m-K;

the density criterion is that the density of the fluid is in the range of 500 to 30,000 Kg/m<sup>3</sup>; and

the heat capacity criterion is that heat capacity of the fluid is in the range of 0.1 to 10 KJ/Kg-K.

7. The piston of claim 6, wherein the fluid comprises at least one material among mercury, potassium, sodium, a sodium-potassium compound, and a bismuth-lead compound.

- 8. The piston of claim 1, wherein:
  the piston body comprises a ring mounting groove for mounting a
  piston ring; and
  an upper end of the cavity is elongated above the mounting groove.
- 9. The piston of claim 1, wherein:
  the piston body comprises a concave portion formed on a head surface
  thereof; and
  an upper end of the cavity is elongated above a bottom of the concave
  portion.

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- 10. The piston of claim 1, wherein:
  the piston body comprises a boss portion for mounting a piston pin; and
  a lower end of the cavity is elongated below the boss portion.
  - 11. The piston of claim 8, wherein:
    the piston body comprises a boss portion for mounting a piston pin; and
    a lower end of the cavity is elongated below the boss portion.
  - 12. The piston of claim 9, wherein the piston body comprises a boss portion for mounting a piston pin; and a lower end of the cavity is elongated below the boss portion.
- 13. The piston of claim 1, wherein the heat transfer material fills less than 50% of the volume of the airtight cavity.
  - 14. The piston of claim 13, wherein the heat transfer material fills about 20% of the volume of the airtight cavity.